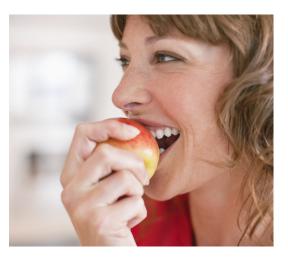
Change the World.

Congratulations!



It's Time To Celebrate

Treat Yourself To Something Yummy & Crunchy



ORTHODONTIC AFTERCARE

How To Keep Your Smile WOW! For Years To Come

WHY DO I NEED TO WEAR A RETAINER?

- After Being Held In Place All The Time By The Braces Your Teeth Will Want To Revert Back To Their Original Positions After Braces Are Removed
- You Will Need To Help Your Teeth Stabilize By Wearing Your Retainers At Least 12hrs/day Or More
- The Most Crucial Time Is The First Year After Braces Are Removed, And May Be Longer For Some
- Solution As Your Teeth Stabilize You Will Be Able To Wear Your Retainers Just When You Sleep. That Is The Goal
- Your Body & Smile Will Continue To Change Over Time With Ageing. Long Term Retainer Wear Will Reduce These Changes. Your Retainers Will Become Pajama's For Your Teeth.



Wear Them "Nighttime For Lifetime"

You Are In Now In Charge Of Your Smile

RETAINER CARE

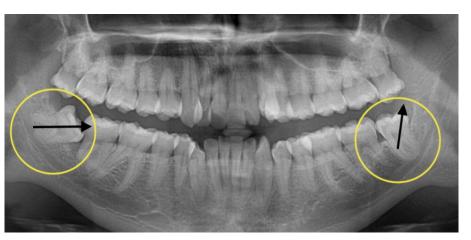


- Gently Insert & Remove Your Retainer
- Rinse & Brush Gently With A Toothbrush After Each Use
- Keep Your Retainers Clean, Dry & In Their Case, Out Of Reach From Pets. They Will Snack On Your Retainer
- Never Wrap Your Retainers In A Napkin
- Always Handle With Care
- Never Place Retainers Directly Into Your Pocket Without A Case
- Do Not Leave In Direct Sunlight Or Next To Excessive Heat
- Denture Cleaner Is Safe To Use

RETAINER REPLACEMENT (Additional Fees Apply)

- Replace Your Retainers When They Get Gross, Cracked, Broken, Worn Out, Or Excessively Loose
- Never Bite, Chew, Flick In & Out Or Pull Hard On Your Retainer
- Like Anything We Wear, Retainers Will Wear Out Depending On How We Wear Them. Everyone Will Wear Through Their Retainers At A Different Rate.
- Some People Grind & Clench While Sleeping. Their Retainers Will Need To Be Replaced More Often.
- New Retainers May Be Needed Following New Dental Work
- Clear Retainers Are Found To Be Most Comfortable. They Have The Highest Compliance Ratings And Can Be Worn Only While Sleeping Sooner Than Traditional Metal Retainers.
- Fixed Retainers Are Sometimes Needed For More Stubborn Teeth. They Are More Difficult To Keep Clean. Your Orthodontist Will Advise You As To The Ideal Retainer For You.





WISDOM TEETH

- Wisdom Teeth May Put Pressure On Your Teeth As They Attempt To Erupt Causing Discomfort & Shifting
- Please Follow Up With Your General
 Dentist For A Referral To An Oral Surgeon
 As Needed. Please Ask Us If You Would
 Like Us To Refer You
- Your Retainers Should Keep Your Teeth Straight, Even If You Have Wisdom Teeth

We Are Here For You If You Have Questions About Your Retainers Or Wisdom Teeth.

Thank You For Choosing Us To Help You Achieve Your New Smile It Has Been Our Honor And Privilege To Work With You